

HEALTH SERVICES IN BAHRAIN SERIES

The Department is divided into 3 basic sub-units :

A. Salmaniya Medical Centre

In-patient sub-units

1. Medical Wards
2. Intensive Care Unit
3. Coronary Care Unit
4. Artificial Kidney Unit

B. Salmaniya Medical Centre

Out-patient sub-units

1. Medical Clinics
2. Dermatology Clinics
3. Oncology clinic
4. Neurology Clinic

C. Peripheral Units and Consultation Services

1. Geriatric Hospital
2. Chest Hospital
3. Consultation services

SMC MEDICAL WARDS

To facilitate the work of the increasing staff and for better patient location/orientation, various firms were allocated fixed areas on the medical floor for admitting patients, with an equal division of beds. This has worked fairly well, but due to the general shortage of beds there have been overlaps at times. Ward rounds by consultants have been increased from three to four times per week for better patient care and teaching ward rounds.

SMC INTENSIVE CARE UNIT

The bed strength remains at 5.

Internal Medicine

SMC CORONARY CARE UNIT

The bed strength has been increased to four from two, with a concomitant increase in backup facilities, including nursing staff.

ARTIFICIAL KIDNEY UNIT

There are a total number of 24 patients currently on dialysis (14 males; 10 females). 12 of these are new while the remainder are carried over from the previous year. A total of 1404 dialysis schedules were completed. One patient was sent to Kuwait for renal transplant, and a second is awaiting transplant.

1982 Statistics

Medical Wards (SMC)	
No. of admissions	2,923
No. of discharges	2,609
No. of deaths	314
Coronary Care Unit	
No. of admissions	416
<i>Males - 330</i>	
<i>Females - 86</i>	
No. of deaths	26

SMC Out-Patients Services Medical Clinics

Total No. of patients seen during the year	29,455
Newly referred patients	4,691
Follow-up patients	24,764
Dermatology Clinic	
Total patients seen during the year	11,920
Newly referred patients	6,500
Follow-up patients	5,420
Oncology Clinic	
Total patients seen	31

This clinic commenced in November 1982, and is run on the first Thursday of each month by Dr. Yousif Omar (Head of Radiotherapy & Oncology Unit, Al Sabah Hospital, Kuwait). Patients are referred from all over the island. A Treatment Abroad Committee arranges for patients who need follow-up in Kuwait, and several have been processed to date.

Neurology Clinic

A recently introduced clinic which commenced in December 1982. It operates every Monday under the auspices of Dr. Ala Al-Deen, Dean of the Medical Faculty and Hon. Consultant Neurologist to the SMC.

PERIPHERAL UNITS

1. Geriatric Hospital, Muharraq

The hospital has a total of 56 beds (22 males; 34 females); as most are chronic care patients, turnover is very slow.

New patients admitted during the year (6 males; 7 females)	13
Transfers out	2
No. of deaths	11
No. of patients on admission waiting list	124

2. Chest Hospital

The hospital was closed down as a separate entity for treating patients with tuberculosis; the consultant chest physician in charge Dr. Ilyas Khan, joined the Department of Internal Medicine. All open cases of pulmonary TB are admitted to the hospital. At present the bed state stands at 20; 16 are occupied by TB patients mostly pulmonary, and the remainder are chronic care cases.

Total admissions during the year	107
Discharges	88
No. of deaths	4

3. Peripheral consultation services

All patients requiring medical

consultation in the various services of SMC or peripheral units such as the Psychiatric Hospital and Muharraq Maternity Hospital, are attended to by the firm on emergency call during the regular work hours as well as the rest of the 18 hours from 1.00 p.m. to 7.00 a.m.

FUTURE PLANS

Inpatient

Some more beds for chronic care cases would be available at the Salmaniya Medical Centre during 1983.

CCU : Dr. Agnew would be involved with the re-arrangement of the CCU after discussion with the Chairman.

AKU : Two more dialysis machines would be provided for two more beds in the unit — one for routine and one for emergency dialysis.

RESIDENT TRAINING

Dr. Agnew and Dr. Ali Murad would jointly arrange post-graduate courses for Residents in Cardiology and bedside diagnosis for a year.

Dr. French and Dr. Joplin, Professors of Endocrinology at Ham-

mersmith Hospital, London, and Dr. Bardhan, Gastroenterologist from Sheffield Medical School, would be at the SMC for one week each, to conduct a series of clinical ward rounds and deliver lectures in their specialities.

POST-GRADUATE TRAINING ABROAD

Dr. Agnew, Senior Consultant and Member of the Royal College of Physicians, New Zealand, has suggested that our candidates try to pass the English MRCP Part I examination at the available centres in Kuwait and Dubai. They could take three years training at a recognized hospital in Australia or New Zealand, either in general medicine or a particular medical speciality.

The Medical Department is approaching Hammersmith Hospital, London, and two posts have already been arranged for the Higher Diploma in the Royal Post-graduate Medical School. There is a possibility of arranging similar programmes for more of our graduates.

The proposed Cardiac-pulmonary lab. would start functioning later this year. □□