Pilomatrixoma

Abdulrahman Alsulaiti, MD, BSc* Noof Alshaibani, CABS** Suhail Baithun, MBCHB, FRCPath*** Mina Girgis, MBBCh, MRCS****

Pilomatrixoma is a benign skin tumor that arises from the hair cell matrix. It is a rare tumor that commonly presents in certain locations of the body. We present a seventeen-year-old female with pilomatrixoma located in the lateral aspect of the right thigh. The tumor is rare and presented in a rare location.

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Pilomatrixoma (calcified epithelioma of Malherbe) is an uncommon benign skin tumor that arises from the hair cell matrix. The first description of pilomatrixoma was in 1880; the understanding of this tumor has been on the rise regarding its morphology and clinical presentation. However, there are some difficulties in making a proper diagnosis clinically before the histopathology result. This tumor could present in the head, neck, upper extremities and rarely in lower extremities. They are characterized by calcification within the lesion, which makes it feel hard and bony and often results in an angulated shape.

The cause of pilomatrixoma is unknown. It is found to be associated with some genetic causes that affect hair cells which result in cell proliferation and eventually leads to cancer².

The aim of this report is to increase the awareness of pilomatrixoma clinically.

THE CASE

A seventeen-year-old female presented with a mass on the right thigh of about five years duration. The mass was located in the lateral aspect of the right thigh. The mass gradually increased in size; it was painless and no history of trauma or other associated symptoms such as rash, weight loss and fever. The patient denied having any other masses or similar complaint. There was no family history of pilomatrixoma.

The mass was about 2 x 3 cm in size, non-tender, firm, fixed and attached to the skin, but not to the underlying tissue. The mass was excised under local anesthesia; grossly it appeared as a stony hard, irregularly shaped mass with a bluish white discoloration. The biopsy was sent to the histopathology, which revealed the presence of well-circumscribed tumor located in the dermis surrounded by connective tissue capsule, see figure 1. The tissue consists of irregular islands of cells made up of basophilic cells with scanty cytoplasm, indistinct cell borders and dark round nuclei with no mitotic activity. Some of the

cells show the so-called ghost cells, which are pale eosinophilic cells with retained nuclear outlines, see figure 2. The stroma surrounding the epithelium shows fibroblastic proliferation with few inflammatory cells associated with the presence of foreign body giant cells; calcification area has been found.

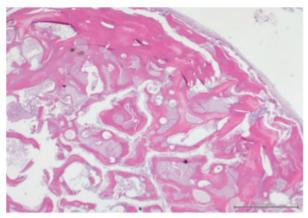


Figure 1: Well-Circumscribed Lesion in the Dermis Surrounded By Connective Tissue Capsule

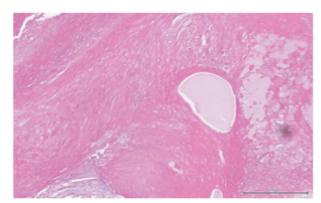


Figure 2: This Highlights the So-Called Ghost Cell

- * Intern
- ** Senior Registrar
 - Department of General Surgery
- *** Consultant
 - Department of Pathology
- **** Senior House Officer
 Department of General Surgery
 King Hamad University Hospital
 - Kingdom of Bahrain
 - Email: Abdulrahman.ALSulaiti@khuh.org.bh

DISCUSSION

Pilomatrixoma is a benign cutaneous neoplasm. In 1880, it was described by Malherbe and Cazenave who thought that the tumor developed from a sebaceous gland³. The histopathology of pilomatrixoma was described in 1922 by Duberulth and Cazenave⁴. A study of pilomatrixomas in 1,568 cases proved that females were more liable than males to develop pilomatrixomas 3:2⁵. However, another retrospective study of 27 cases showed that the female to male ratio was 2:1⁶. Mostly, the tumor presents in children and young adults up to 20 years of age and in the sixth and seventh decade of life⁷.

The tumors' sizes are variable ranging from 4 mm to 35 mm in diameter⁸. Although a study of 10 cases of pilomatrixoma showed that the cause is due to positive BCL 2 which is a protooncogene that suppresses the apoptosis function⁹. However, another study mentioned a mutation in CTNNB1 gene that is responsible for regulating and transmitting the inhibition signal that causes the cell to stop dividing¹⁰. A review study of 137 cases of pilomatrixoma revealed that the lesion was found in head and neck, 70%, upper extremity, 22% and hair bearing back, chest and lower extremity, 8%11. Another study of 205 cases of pilomatrixoma revealed that 50% in head and neck, 23.9% in upper limbs and 12.7% in lower limbs. No case was reported in palms, soles and genitalia9,11. Seventy-five percent of cases present with a single lesion less than 15 mm in diameter¹². The rate of correct diagnosis preoperatively is 0-30%¹³. The tumor is often misdiagnosed with other tumors such as cystic lesion, epidermal cyst, dermoid cyst, tuberculoma and granulation tissue^{6,14}.

In this patient, the diagnosis was known after the histopathology result. The tent sign (stretching of skin over the tumor) is pathognomonic of pilomatrixoma¹⁵. The diseases that are associated with pilomatrixoma are myotonic dystrophy, Gardner syndrome, Rubinstein Taybi syndrome, Turner syndrome and sarcoidosis¹⁶⁻¹⁹.

Ultrasound could be used as a non-invasive modality. In a study of 28 pilomatrixoma, the ultrasound showed a hypoechoic and echogenic area. Fine needle aspiration had found to give an accurate diagnosis when two cells are present, shadow cell and basaloid cell. The tumor has a high cellularity, increased ratio of nucleus to cytoplasm and the presence of nucleated squamous cells; it could be misdiagnosed as a squamous cell carcinoma. Surgical excision is the management of pilomatrixoma⁶. The recurrence of the tumor is rare after surgical excision and if it happens it should be suspected of malignant transformation²⁰.

CONCLUSION

Physicians and surgeons still face a difficulty in the diagnosis of pilomatrixoma before the histopathology examination, but it should be suspected clinically.

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