

## **TALENT IN MEDICINE**

The medical profession is not different from other workforce sharing with them all common interests, hobbies and talents. The majority of these activities are unrelated to medicine. Many are musicians, performers, artists, writers, critics, astronomers, photographers, etc not to mention their excellence in the world of sports. On the other hand there are also instances when the practice of these activities take the form of applied interpretation of what they know in human pathobiology and the concerned function. Thus some may be historians of clinical practice, clinical pharmacologists of locally used herbs, or clinical therapists of locally practiced folk medicine.

This section of the Bahrain Medical Bulletin will be devoted to "Talents in the Medical Profession" to show and exchange with others common interests and applied experience. Contributors are therefore welcomed to submit their presentation. This issue contains two poems titled "Love it – Possess it!" and "Reactions".

**The Chief Editor**

### **Love it? - Possess it!**

If a child (boy or girl) sees a toy; loves it, wants it,  
He'll raise a ruckus until he's allowed to possess it.  
Next time to avoid the commotion and keep peace,  
You'll listen to even unfair demands and acquiesce.

Now as the child knows his power, gets greed,  
For he knows how to get his wishes fulfilled.  
He dictates the terms and the price of peace,  
You peaceful one, have only one way to peace!

And then the child grows up in size and years,  
Looks a fine adult but may be the same brat, Sir.  
He still wants to possess what he likes or loves,  
And possession must be total, in part won't serve.

Because loving is possessing or being possessed,  
"To love is to make impact with sorrow" a sage assessed.  
If you hold a thing tight in your possession,  
As you can't leave it, you're its slave, not master, he said.

And if you're possessed by someone who loves,  
For sometime may seem fine but is stifling, my love!  
If you truly love me, don't suffocate me, please release me,  
Shall stay true to you (Master!), let me too do as it'll please me!

**Anil Kumar Chawla, MD, MRCP (UK)**  
**Senior Specialist in Medicine**

**Royal Hospital  
Muscat, Oman**

## **REACTIONS!**

With force you throw a ball onto a wall,  
It bounces back with similar force, that's Newton's Law-  
"Action and Reaction must be equal and opposite",  
In Nature this Physics Law works perfect and exquisite.

If she only looked at you with anger and hatred,  
And he uttered to you just three words of hate.  
Anger and hate shall well up in your mind,  
You'll react and retaliate with same force and kind.

When she looks at you with a smile of kindness and love,  
Or he says two words of respect, generosity and love.  
What wells up in your mind is love, love and love,  
Newton's Law makes you return the same volume of love.

But suppose someone showered hate on you,  
And you vowed to return nothing but love!  
It's possible then to prove Mr. Newton wrong,  
Your 'will' can alter Physics Laws, that's why man is strong!

Being reactive is like living at a biological level,  
If you're proactive you live at a higher human level.  
Being proactive, we pre-decide how we shall respond,  
To stimuli that irritate the organism every so often!

If how you react to insult and injury is under your control,  
Can maintain cool and calm, proactively play the cool role.  
You're a man not an animal any more,  
You've conquered your fears; you'll conquer your foes.

**Anil Kumar Chawla, MD, MRCP (UK)  
Senior Specialist in Medicine  
Royal Hospital  
Muscat, Oman**

