Mondor's Disease of the Breast

Lamya Ebrahim, MSc, CABS* Majeed Al Shammasi, MD** Herminia Tyminski Al Saffar, MD, ABR***

A forty-six-year-old female presented with a history of left axillary pain, discomfort, chronic fatigue and palpitations. Clinical examination revealed large, tender nodules in the left axilla which were thought to represent enlarged axillary lymph nodes. Multiple dilated veins were visible in the left axillary region. The patient was diagnosed with Mondor's disease based on the typical mammographic and ultrasound features.

Mondor's disease of the breast is an uncommon, usually benign, self-limiting disease, which usually requires conservative treatment and follow-up.