The Management of Fracture Dislocation of the Thoracic Spine

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Translational fracture-dislocation of the thoracic spine is rare and commonly associated with spinal cord injury. Opinions differ whether to treat such patients conservatively or operatively.

We present a case of a young male who sustained a translational thoracic spine fracture dislocation with a neurological injury, a lumbar spine fracture and a soft tissue perianal injury, which was treated operatively. We believe such injuries should be treated operatively for early rehabilitation.

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