

Resistant Depression

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Treatment-resistant depression (TRD) affects millions worldwide and is the leading cause of disability and suicide. Relatively, TRD is common in treated major depressive disorder patients. To diagnose TRD, physicians need to look for primary and secondary causes of depression and recognize standard failures that lead to misdiagnosis.

We present a case of TRD where not much benefit was achieved from pharmacological and psychological treatment; other treatment modalities such as focal brain stimulation techniques and ECT were considered.