

Talent in Medicine

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The medical profession is not different from other workforce, sharing common interests, hobbies and talents. The majority of these activities are unrelated to medicine. Many are musicians, performers, artists, writers, critics, astronomers, photographers, etc., not to mention their excellence in the world of sports. On the other hand, there are also instances when the practice of these activities takes the form of applied interpretation of what they know in human pathobiology and the concerned function. Thus, some may be historians of clinical practice, clinical pharmacologists of locally used herbs or clinical therapists of locally practiced folk medicine.

This section of the Bahrain Medical Bulletin will be devoted to "Talents in the Medical Profession" to show and exchange with others common interests and applied experience. Contributors are therefore welcomed to submit their literary works. This issue contains two poems titled "Gross and Subtle!" and "Now is Wow!"

The Chief Editor

Gross and Subtle!

'Here things are not what they seem,
A lot is hidden behind the apparent sheen.
Gross is appearance but subtle is the cream,
Look for the subtle that holds the gross team.

The earth is so gross, but is held by space so subtle,
Our body won't survive without oxygen in the air, so subtle.
Sun is gross but its heat and light rays are subtle,
All gross is composed of particles that are subtle.

Matter is gross but the energy is subtle,
Lighted bulb is gross but electricity is subtle.
Look wherever you look, eyes can see only the gross,
Nothing is complete without the subtle; only appears gross.

Don't get so lost in gross; don't miss the subtle,
Go deep; think deep if you must find the subtle.
He sees complete who sees the gross as well as the subtle,
You are seeing partial if you can't feel or sense the subtle.

For a balanced living see the gross and feel the subtle,
Subtle can't be seen, you can often feel the subtle.
If you miss the subtle your living too becomes gross,
Good qualities in humans are always subtle not gross.

You pray to God but can't see, for He is subtle,
His creation is gross but He is subtle.
So, wherever you see gross feel the Creator, who is subtle,
Gross is so much variety; what is One is subtle!

Now is Wow!

'Now is wow; I tell you, now is wow;
It is wow, it is wow, Now is wow!
Stay in the now, you'll feel wow,
Now is beautiful, it is simply wow.

There is nothing outside of now,
'Nothing Outside of Worth' is 'NOW'.
For there is nothing other than now,
That's why now is so Wow!.

Show me a time which is not now,
Wherever you point, it is the now,
Whichever way you point, it is the now,
For there is nothing else but now!

Now itself is here; here itself is now,
Time and place are one in the now!
You lose value if you go away from now,
You lose joy, if you run away from now.

For now, is the only reality, we gracefully accept it,
Now is real; all else imagination, we can reject it.
Peace, love, joy all are here in the now,
Now and here or no-where; let's stay in the now!

You won't be in the past if immersed in the now,
You can't be in the future if steeped in the now.
You can't go wrong if you fully live in the now,
You are bound to succeed if you attend well to the now'.

December 2021 marks 25 years since the Bahrain Medical Bulletin has started publishing Dr. Anil Chawla's poems. His first poems were published in the March issue of 1996.

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