

## Measuring Dentist's Awareness and Knowledge About Application of Photobiomodulation In Restorative Dentistry and Endodontics

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### ABSTRACT

**Study Design:** Cross-sectional

**Objective:** This study aimed to assess the dentist's awareness and knowledge about the application of Photobiomodulation in restorative dentistry and endodontics.

**Methods:** A cross-sectional study was carried out on a total number of 300 dental surgeons (Male=150; Female=150) who participated in the study with age ranges from 20- to 55-year-old to know the knowledge, attitude, and perception among dentists about the application of Photobiomodulation in restorative dentistry and endodontics. Convenience sampling method was followed in this study. The Questionnaire was given and data was collected from dental surgeon. The data were entered and analyzed using the Statistical Package for the Social Sciences (SPSS 20). A P-value of less than 0.05 was considered to be statistically significant.

**Results:** The majority of participants, 267(89%) were said that they using dental Photobiomodulation therapy (lasers) in your practice. 255(85%) agreed that they have received proper training to use dental lasers. Of the 300 dentists investigated, when asked about the various applications of Photobiomodulation in restorative dentistry and endodontics procedures, following are the response of participants to direct pulp capping (26%), dentinal hypersensitivity (21%), teeth bleaching (36%), postoperative sensitivity in restorations (5%) and regenerative endodontic procedures (12%).

**Conclusions:** In conclusion, dental laser education is an important aspect of a dentist's training and ongoing professional development. It enables dentists to stay current with technology, offer advanced treatment options to their patients, and provide safer and more efficient dental care.

**Keywords:** Knowledge, Photobiomodulation therapy, Lasers, Questionnaire, Dentist, Restorative and endodontics, Saudi Arabia

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