

THE BIRTH OF BAHRAIN MEDICAL BULLETIN

DR. JAFFER AL BAREEQ was very kind to ask me repeatedly to contribute to the contents of this publication, but I have dragged in my feet for so long simply because I was not in the writing mood. After all how do you expect a person to be a productive citizen when he has a feeling of anxiety about his daily living, insecurity and uncertainty of the future. Life is not any more a simple matter but rather a very complicated one with increasing problems connected with changing patterns of life and economic stresses. Unless this individual and his family are secured financially and socially, productivity in medicine and research will suffer to a great extent. That is the reason why the West has progressed when the problems of the individual were solved.

This publication will be a challenge to all those who decided to contribute their knowledge, effort, and time to make it a success in spite of the surroundings. Even though I do not know at this stage the contents of this issue, I believe,

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By Dr. Hassan Fakhro*

it is a big step forward. I want to congratulate the editorial board for the courage in taking this responsibility and translating it into a reality. This is not an easy job and will require the participation of all members in the medical profession in Bahrain. It is not enough to be clinicians but in addition we should have the minds of research, development, education, and teaching.

It is my hope to see this publication grow bigger and richer with time and to see more and more people from our dignified profession getting involved in this intellectual and scientific work. This country and the rest of the Gulf have a plenty of Medical and social problems that need to be investi-

gated, and studied thoroughly so that life can be healthier and happier for this generation and the next generations.

Death is taking more and more of our people. Justifiably or unjustifiably at increasingly younger age than we previously used to see and experience. The recent death of our colleague Dr. Sayed Jaffer is a living example that needs to be learned from. Our research should therefore be directed towards the major killers of our young and old people to prevent pre-mature death and to prolong and improve the quality of the lives of our people. A healthy individual is the most precious, resource, any nation can ever hope to have. This is the best investment for the future.

My congratulations again to all participants in this issue and my best wishes for a long hard working endeavour. □

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