## **Meningococcal Septicemia**

Rawan Al Agha, MD, ABIM\* Safaa Al Khawaja, MBBS, ABIM\*\*

Meningococcal disease is an illness caused by an organism called Neisseria meningitidis. The disease is highly contagious as it spreads through close contact. Immediate medical recognition of the disease is vital once it is suspected. Any person could be infected with meningococcal disease; however, certain groups are at practical risk.

A healthy middle aged man presented with symptoms of fever, general fatigue, and widespread rash. The patient deteriorated rapidly and passed away. This case report is a typical presentation of meningococcal disease. The presentation could be vague and if not recognized early, might lead to rapid decline in health and eventual death.

Bahrain Med Bull 2018; 40(3): 189 - 191