

The *KFzA* and *Badura* are Two Methods to Analyse Workers Health and Motivation as well as the Level of BGM in a Company

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ABSTRACT

The world of work is changing. Not only because younger generations, who are now strongly entering the labor market, have different views and expectations than older generations. Factors such as the COVID-19 pandemic and the general change to Work 4.0 are also influencing the workplace and the work of the future. Various aspects will become extremely important for work in the future. Also, for the employers who are courting a smaller generation. The factor of medicine and employee health is an elementary aspect of this development. Here the so-called operational health management can help. In order to implement this OHM in companies successfully there are in Germany already for longer time different methodologies and questionnaires. This work translates the German methods *Kurzfragebogen zur Arbeitsanalyse* and *Badura* into English and makes them thus internationally available. The main part of the work is an instruction how to use both methods correctly as well as tables and figures for the visualization.

Keywords: Badura; Betriebliches Gesundheitsmanagement; Kurzfragebogen zur Arbeitsanalyse; Methodology; Occupational Health Management.

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