

Medical News

Dalal Alhasan, MD*

Accreditation by the Saudi Board

The Saudi board team visited King Hamad University Hospital on 24 February 2013. They visited various departments and installations. The team was impressed with the hospital operation and facilities. On 3 March 2013, the hospital received the certificate of general accreditation by the Saudi board. The accreditation is valid for five years starting 1 October 2013.

The next phase is the departmental application for the Saudi board recognition. The anesthetic department was the first to be recognized for training in that specialty. We hope this would be an incentive for other departments to work hard to gain the Saudi board recognition.



Dr. Dalal Alhasan, Dr. Jaffar Albareeq, Major General Dr. Shaikh Salman Alkhalifa, Dr. Muslah Redadi, Dr. Sufwan Buttery, Dr. Sultan Anezy, Dr. Turkey Alkassim and Aljawhra Alamir

Continuous Medical Education Program

Continuous Medical Education (CME) was established many years ago in USA and Western Europe based on research, which showed that some health professionals do not update their knowledge and expertise to optimize patients care. The main objective of CME credit system is to protect patients and update the physician's knowledge in the practice of the art of medicine.

* Director of Training and Proficiency Center
King Hamad University Hospital
Kingdom of Bahrain
Email: dalal.alhasan@khuh.org.bh

King Hamad University Hospital (KHUH) has started its own electronic continuous medical education (CME) for doctors (Phase I) on 6 January 2013. Phase II of the CME program will be for nurses and allied health workers.

CME program of KHUH has been recognized and patented in the Ministry of Information Bahrain Reg. No. 80120000 on 29 January 2013.

The CME program will be used by KHUH doctors for their relicensing purposes and promotion; each doctor is required to accumulate 150 credits in two years from various categories of continuous medical education subcategories.



Dr. Dalal Alhasan, Dr. Fawzi Ameen, Dr. Hani Fares, Mr. Ivan O Janguren, Dr. Aysha Jaber, HE Lieutenant General (Dr.) Shaikh Mohammed bin Abdulla Al Khalifa, Dr. Jaffar Albareeq, Major General Dr. Shaikh Salman Alkhalifa, Dr. Ameen Alsaati and Mr. Khalid Aljalahma

King Hamad University Hospital: CME Study Acceptance from Spain

Dr. Dalal Alhasan and Dr. Jaffar M Albareeq have conducted an original study on continuous medical education program in King Hamad university hospital titled **“Electronic Continuous Medical Education Program in King Hamad University Hospital”**.

The study was accepted in the Fifth Annual International Conference on Education and New Learning Technologies which will be held in Barcelona (Spain), on 1-3 July 2013. Both authors will present the study in the conference.

King Hamad University Hospital: Case Presentation Acceptance by the American Academy of Otolaryngology-Head and Neck Surgery

American Academy of Otolaryngology-Head and Neck Surgery had accepted an interesting case presentation titled “**Mucoepidermoid Carcinoma of Parotid Gland**” for poster presentation in the annual meeting on 29 September – 2 October 2013 in Vancouver, Canada. Dr. (Sh) Salman Al-Khalifa, Dr. Noor Yousif Abdulkarim and Dr. Fatima N Abulfateh were the authors of the case.

King Hamad University Hospital Research Cooperation

On 28 April 2013, KHUH research committee represented by Dr. Jaffar M Albareeq, Dr. Dalal Alhasan, Dr. Charlotte Kamel, Dr. Suhail Baithun and Dr. Moemen Al Reefy met RCSI research team represented by Dr. Mauve Roystine, Dr. Raymond Stallings, Dr. David Whitford and Dr. Frank Cunningham. They have discussed the means and ways of research cooperation especially in the field of cancer, diabetes and molecular technology.



Dr. Jaffar M Albareeq, Dr. Dalal Alhasan, Dr. Charlotte Kamel, Dr. Suhail Baithun and Dr. Moemen Al Reefy, Dr. Mauve Roystine, Dr. Raymond Stallings, Dr. David Whitford and Dr. Frank Cunningham

Neuroradiology Conference in KHUH

The First Neuroradiology Conference will be conducted on 26-27 October 2013 under the Patronage of HE Lieutenant General (Dr.) Shaikh Mohammed bin Abdulla Al Khalifa, The Minister of State for Defense Affairs at King Hamad University Hospital, Kingdom of Bahrain

The conference will include the following sessions:

- Degenerative Disc Disease and Spinal Stenosis
- Neuro Radio Oncology
- Stroke & Neuro Intervention
- Head & Neck Imaging
- Cognitive Brain Lesion
- Recent Advances in Neuroimaging MR Spectroscopy

For registration and enquires please contact the directorate of education and proficiency
Tel: 17444283, Email: training@khuh.org.bh.

First International Rheumatology Conference 2013

The First International Rheumatology Conference 2013 was held under the Patronage of HE Lieutenant General (Dr.) Shaikh Mohammed bin Abdulla Al Khalifa, The Minister of State for Defense Affairs on 9 March 2013 at King Hamad University Hospital, Kingdom of Bahrain.

The event was conducted by the Education and Proficiency Center, King Hamad University Hospital (KHUH), Bahrain. The conference included the following sessions:

- Why Patients with Arthritis Do Not Present Early to Rheumatology Clinic?
- The Steroid Story in SLE: Practical Approach
- Rheumatoid Arthritis, Where Can We Go Wrong?
- Osteoporosis Overview
- Vitamin D: Update
- An Overview of Spondyloarthritis
- Ankylosing Spondylitis: Primary Health Care Approach
- Medical Imaging Applications in Diagnosis of Rheumatic Disease

The speakers were Dr. Jamal Elsaleh (UAE), Dr. Mustafa Almaini (UAE), Dr. Waleed Eishehi (UAE), Professor Samir Elbadawi (Egypt), Dr. Sahar Saad (Bahrain), Professor Mustafa Al Izzi (UAE), Dr. Samar Al-Emadi (Qatar), Dr. Jamal Saleh (Bahrain) and Dr. Ayman Ismail (Egypt).

The opening ceremony was attended by HE Lieutenant General (Dr.) Shaikh Mohammed bin Abdulla Al Khalifa, The Minister of State for Defense Affairs, HE Mr. Sadiq Al-Shehabi, The Minister of Health, Dr. Aysha Jaber, The Undersecretary of Ministry of Health, Professor Tom

Collins, The President of RCSI Bahrain, Professor Sameer Otom, Dean of RCSI Medical School and Dr. Khaldoon Alroomi, Dean of Medical School, AGU.

The conference was attended by doctors from KHUH, Ministry of Health (MOH) and Bahrain Defense Force Hospital (BDF). Most of the sessions were fully attended and live discussions were initiated. Two hundred seventy-six have attended the conference. Ninety-one participants were from KHUH, 193 were from other hospitals and 33 were from Universities and research centers.

Research Writing and Editing Workshop

Research Writing and Editing Workshop was conducted on 20-21 December 2012, at King Hamad University Hospital. The workshop was conducted by Dr. Jaffar Albareeq, Dr. Fayek Alhilli and Dr. N Das. The workshop was attended by 20 candidates from KHUH, 3 from BDF hospital, 8 from Ministry of Health and 4 from other hospitals.

The workshop included the followings:

- The Art of Writing
- Statistics, Research Design and Illustration
- How to do Research and Generate Ideas
- Ethics in Research
- Abstract
- Introduction and Method
- Result and Discussion
- Conclusion and References
- Tables and Illustration
- Poster Presentation
- The Case Presentation and Submission
- Hypothetical Study
- Letter to the Editor
- Authorship and Contributorship
- Nursing Research
- Research Generation in Dentistry
- Online Literature Search
- Oral Presentation
- Discussion of Hypothetical Study, Candidates' Research Paper, Design or Proposal with the Organizers

At the end of the workshop, an official certificate was given by HE Dr. Mohamed Al Khalifa to the attendees who completed the two days' workshop.

Health Services Vow by Premier

His Royal Highness Prime Minister Prince Khalifa bin Salman Al Khalifa made an inspection visit to Salmaniya Medical Complex (SMC) on 1 April 2013, where he met senior health ministry officials and inaugurated the new intensive care unit (ICU).

He emphasized the development of the medical profession and maintaining Bahrain's advanced level in health and medical care. He stressed the government's unflinching support to the health sector, pointing out its keenness to take into consideration the interests of all parties in implementing its strategy. He stressed the Kingdom's policies in providing healthcare without compromising patients' and doctors' rights. He stressed the importance of optimizing health services by providing the latest equipment and best expertise.

He said that the government is keen to remove all obstacles in developing the health sector by supporting it with a well-qualified staff in the hospitals and health centers and providing them with the latest equipment and medicines. Deputy Prime Minister Jawad Al Arrayedh praised the Prime Minister's efforts in developing the health sector in Bahrain.

Child Abuse Survey Shock

A total of 677 children have been subjected to physical and sexual abuse, seven percent of whom died, according to a study by Salmaniya Medical Complex (SMC). The study covered abused children aged up to 17, with 237 being victims of physical assault and 440 subjected to sexual abuse. SMC consultant pediatrician and child protection unit chairwoman Dr. Fadheela Al Mahroos said at a symposium held by BDF Hospital on 7 April 2013.

Medical Team Set for the Race

On 11 April 2013, Bahrain's medical team at the Gulf Air Bahrain Grand Prix went through its final preparations ahead of the upcoming race. Health Minister Sadiq Al Shehabi attended a workshop and said that the members were ready for the event. Key members of the medical team, Bahrain international circuit and Bahrain motor federation officials attended the workshop at the Bahrain Medical Society in Juffair. Participants were briefed about the latest developments, emergency rescue plans, basic concept of marshaling and the role of the federation.

Bahrain to Mark World Health Day

On 7 April 2013, Bahrain joined other nations to mark World Health Day. The global event was celebrated under the theme Blood Pressure or Hypertension. The ultimate goal of World Health Day 2013 is to reduce the incidence of heart attacks and strokes. A group of students from the College of Health Sciences examined employees while on duty for early detection of hypertension.

The campaign included the ministries of Justice Islamic Affairs and Endowments, Education, Transport, Industry and Commerce, Finance and other government departments. The Health Ministry joined the Capital Governorate in holding a joint exhibition on Friday 12 April 2013.

Sports Medicine Centre Offers Effective Treatment

Bahrain Olympic Committee's National Sports Medicine Centre based at Khalifa Sports City premises in Isa Town has recently witnessed an increased number of patients. Dr. Khalid Al Shaikh, the Director of the center, said that a wide range of services are being provided by the center in the field of athletes' treatment and injury recovery of national sports. The center offers distinguished therapeutic services using latest medical equipment and treatment methods at reasonable prices.

Medical Research Plan

The Health Ministry unveiled plans to launch a medical research to determine the spread of osteoporosis in women under the supervision of the non-contagious diseases unit in the department of public health. This was launched on 31 March 2013 at Isa Town Health Centre under the auspices of Health Ministry Under-Secretary, Dr. Ayesha Jaber, and will continue for four months. A sample of one thousand individuals will be selected from five health centers to represent the five governorates. Medical surveys will measure bone density and necessary treatment will be administered.

Walking for Health

A Walkathon to promote healthy eating was held on 30 March 2013 at Dohat Arad Walkway in Muharraq at 4 pm. It was organized by the American Mission Hospital under the patronage of Health Minister Sadiq Al Shehabi.

Health Review

Bahrain's under-secretary for primary public healthcare Dr. Miriam Al Jalahma took part in a key world health organization meeting in Geneva, Switzerland on "the health of mothers, children and teenagers". The Program outlines were reviewed as part of the millennium development goals for comprehensive healthcare across the world.