

## **Spigelian Hernia: A Rare Diagnosis for a Common Presentation**

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### **ABSTRACT**

**Spigelian hernias are rare and generally difficult to diagnose because of their location and vague non-specific symptoms. They are situated between the muscular layers of the abdominal wall and can be easily overlooked because of abdominal obesity. The diagnosis has been considerably aided by the introduction of ultrasonography and computed tomography (CT). These hernias require surgical treatment.**

**We report a 56-year-old male Bahraini who presented to Bahrain Defense Force Hospital Emergency department with severe abdominal pain and vomiting associated with mass in the right iliac fossa. A provisional diagnosis of Spigelian hernia was made and confirmed by CT scan. The hernia was operated and the defect was repaired. His recovery was uneventful.**

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