

TALENT IN MEDICINE

The medical profession is not different from other workforce sharing with them all common interests, hobbies and talents. The majority of these activities are unrelated to medicine. Many are musicians, performers, artists, writers, critics, astronomers, photographers, etc not to mention their excellence in the world of sports. On the other hand there are also instances when the practice of these activities take the form of applied interpretation of what they know in human pathobiology and the concerned function. Thus some may be historians of clinical practice, clinical pharmacologists of locally used herbs, or clinical therapists of locally practiced folk medicine.

This section of the Bahrain Medical Bulletin will be devoted to "Talents in the Medical Profession" to show and exchange with others common interests and applied experience. Contributors are therefore welcomed to submit their presentation. This issue contains two poems titled "Pay it Forward!" and "Creativity".

The Chief Editor

PAY IT FORWARD!

When you needed help, the help was sent,
A Good Samaritan appeared as if God-sent.
His spark of kindness illumined bright,
Saved you from darkness, brought you light.

If an act of kindness is done to you,
You naturally want to return in kind.
If someone's generosity saved or uplifted you,
How you return if the benefactor you do not find?

Kindness somehow must be returned, repaid,
But the donor may not need your aid.
Or your 'angel' may have moved ahead,
How then you get the load off your head?

If any kindness goes unpaid, unreturned,
The world's kindness would shrink and end.
If the well of kindness were to dry in man's heart,
How would God function and do His part?

It's not necessary dear, to repay the same man,
Your kindness may shower on another man or woman.
This is then called, 'Pay It Forward,'*
Act now and show kindness to an 'unknown' lad.

If each one of us was to return or begin in this manner,
Do an act of kindness a day or a week in any weather.
The amount of kindness would multiply manifold,
The world would become better a billion-fold!

Come on then, let's talk less and work much more,
Look around us for a needy child, adult or poor old.
Let's go and lend a helping hand with cash or kind,
And disappear from the scene so he or she can't find.

* "Pay It Forward."— name of an inspirational movie.

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CREATIVITY

The Spark of divinity that lies within you,
Carries the creativity of God enshrined in you.
There's an infinite store of creativity within us,
We just have to peep within and pop it out.

Man is most like God when he is creating,
All creations of God after man have been by man himself.
All that you need is to be passionately focused,
Your passion then creates the imagined object.

Scattered Sun's rays barely give some warmth,
But focused through a lens, burn a hole in a plank.
'Focus' is then what you need for being creative,
Scattered energy only dissipates that creativity.

What is it you want; first have a clear mind,
Think about it in your awake and dreaming mind.
Day and night you think only of that object,
A book, a machine, whatever shall materialize in fact.

Don't take much credit for any such creations,
You are His instrument; He is the Master of all creation.
Only recognize and hold that spark, that guides and goads you,
The rest will be automatic, stay focused, He'll lead you.

The 'Genie' is within, within each one of us,
Things do materialize through each one of us.
The degree and nature of focus determines the degree of success,
Creativity is natural to us, for the divinity is within us!

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